



TRUSTED WEBSITES

These are websites where you can search for accurate and reliable information.

www.midwife.org

<http://ourmomentoftruth.midwife.org/>

www.ncbi.nlm.nih.gov See PubMed and PubMed Health links on the right.

www.umm.edu/health/medical

www.cdc.gov

<http://health.nih.gov/>

http://www.acog.org/For_Patients

<http://www.mayoclinic.org/patient-care-and-health-information>

<http://toxnet.nlm.nih.gov> – Select LactMed on the left. List of medications and breastfeeding

www.diabetes.org – source of information on a healthy diet and lifestyle for anyone